• Increased local level data on the health and wellbeing and social context of our children and young people
• Inform strategic planning, monitoring and reporting
• Joint Strategic Needs Assessment
• Schools - health and wellbeing priorities
• Partners - joint planning and approaches
Wellbeing and Mental Health
• gender differences in wellbeing measures
• associations with poor well being (e.g. being bullied, risky behaviours, poor health)

Sexual Health
• additional data items; when first had sex took alcohol or drugs; did want it to happen at that time

Physical activity
• meeting physical activity levels – findings compared with local physical activity surveys
• activity levels with body image and on a diet

Eating habits
• eating habits and good academic achievement, effect of deprivation (SIMD) and rurality

Rurality
• urban rural classification linked to pupils postcode perceptions of where live, interaction with other measures
HBSC – Dumfries & Galloway

Meeting physical activity guidelines (60 minutes 7 days per week)

On a diet

- No, weight is fine: 24%
- No, but should lose weight: 15%
- No, but should put on weight: 27%
- Yes: 16%

Perception of body size

- Much or a bit too thin: 21%
- About the right size: 25%
- A bit or much too fat: 16%

95% confidence intervals
HBSC – Dumfries & Galloway

Happiness with life

- P7: Very Happy with life: Boy 63%, Girl 53%
- S2: Very or Quite Happy with life: Boy 95%, Girl 93%
- S4: Very or Quite Happy with life: Boy 96%, Girl 85%
- S4: Very Happy with life: Boy 89%, Girl 82%
HBSC – Dumfries & Galloway

Proportion feeling very or quite happy with life by number of health complaints reported weekly

95% confidence intervals
HBSC – Dumfries & Galloway

Eating habits reported on a daily basis by geographical deprivation represented by respondents home SIMD quintile

Local (Dumfries & Galloway) SIMD quintiles
SIMD1 = most deprived, SIMD5 = least deprived

95% confidence intervals